



SPRING YOGA AT DAVIDSONVILLE ELEMENTARY FOR K-2ND GRADE

Do you want your children to stretch their bodies and minds, while also improving their concentration and attention?

This class will be fun and inspirational, full of playfulness, freedom and imagination. We will combine simple yoga poses with music, stories, games and relaxation. Your child will exercise motor, sensory and social skills while increasing self-confidence in a creative, non-competitive environment.

Wednesdays 3:45 - 4:45

March 30th - May 11th (no class 4/27)

Cost: \$99 for 6 classes

****Space is Limited. Please Reserve Promptly.****

Please complete the registration/waiver form on the back of this flyer and return it to school by **Friday March 18th**

Make Checks Payable to Amy Starkey

Contact: amy@wholekidsyoga.com or (917) 601-3431 with questions.

www.wholekidsyoga.com

Student Information

First Name _____ Last Name _____

Parent's Name _____

Address _____

City _____ State _____

Zip Code _____

Home Phone _____ Cell Phone _____

Email _____

Emergency Contact

Name _____ Phone _____

Student's Birth Date ___/___/____ Grade _____

Please list any medical conditions, injuries or allergies

Student Waiver and Release Agreement

I hereby acknowledge that I have been advised to consult with my physician with respect to any past or present injury, illness, health problem, or any other condition or medication that may affect my child's participation in the Whole Kids Yoga program.

I hereby agree to irrevocably release and waive any claims that I have now or hereafter may have against Robin Countryman, Amy Starkey or Jennifer Keefer.

I am the parent and/or guardian of _____

Name of Child for whom I am registering.

I have read this release and permission and fully understand its contents, and I have the full right and authority to execute this release and permission.

Signature of parent or guardian

Date