



KIDS YOGA AT DES FOR 3RD - 5TH GRADES

Whole Kids Yoga is excited to be back this Spring and is looking for new and returning yogis!

This class will be fun and inspirational - full of playfulness, freedom and imagination. We will combine simple yoga poses with music, stories, games and relaxation. Your child will exercise motor, sensory and social skills while increasing self-confidence in a creative, non-competitive environment.

Tuesdays 8:15am - 9:15am
March 6th - May 1st (no class 4/10)
Cost: \$125 for 8 classes

Please complete the registration/waiver form on the back of this flyer and return it to school by March 1st.

SPACE IS LIMITED

Make Checks Payable to Davidsonville Elementary PTO

Contact: amy@wholekidsyoga.com or (917) 601-3431 with questions. More details about the class will be emailed once all registrations are received.

www.wholekidsyoga.com

Student Information

First Name _____ Last Name _____

Parent's Name _____

Address _____

City _____ State _____

Zip Code _____

Home Phone _____ Cell Phone _____

Email _____

Emergency Contact

Name _____ Phone _____

Student's Birth Date ___/___/___ Grade _____

Please list any medical conditions, injuries or allergies

Student Waiver and Release Agreement

I hereby acknowledge that I have been advised to consult with my physician with respect to any past or present injury, illness, health problem, or any other condition or medication that may affect my child's participation in the Whole Kids Yoga program.

I hereby agree to irrevocably release and waive any claims that I have now or hereafter may have against Amy Starkey and Robin Countryman.

I am the parent and/or guardian of _____

Name of Child for whom I am registering.

I have read this release and permission and fully understand its contents, and I have the full right and authority to execute this release and permission.

Signature of parent or guardian

Date

