

Davidsonville Elementary School DELICIOUSLY NUTRITIOUS FEBRUARY COOKING CLASS SCHEDULE



February 7th - Breakfast for Dinner

We are delving into the concept of “Breakfast for dinner” as we whip up delicious “secret ingredient” pancakes.

February 14th - Valentines Chocolate Workshop

Chocolate is the centerpiece of this fun class. Children will learn the history of chocolate, try chocolates from around the world and make their own one of a kind chocolate candy to share at home.

February 21st - South of the Border Appetizers

This class is designed for students who love to snack, but could use a little help adding healthy foods to their everyday diets. We are replacing sugar, fat and junk food with delicious South American appetizers that the children will absolutely love.

February 28th - No Bake Desserts

In this yummy class, students will learn how to make delicious deserts without using a stove or and over. Each child will bring home a sweet to share with his/her family.

Classes this month (February) will be held on **Tuesdays** from 3:45-5:00 pm. Parents are required to pick up their students at 5 p.m. SACC students will be taken to SACC after class. Class packages are \$75.00 for all four classes. Please make checks payable to DES PTO.

For more information please contact Melissa Sherwood at 410-533-1182 or delishdish4@yahoo.com

Davidsonville Elementary School
DELICIOUSLY NUTRITIOUS
FEBRUARY COOKING CLASSES - REGISTRATION

To register your child, send the form below in with payment to school. For questions please contact Melissa Sherwood @ 410-533-1182. Checks should be made out to DES PTO.

I give my son/daughter _____ permission to participate in the January afterschool cooking workshops.

Total paid \$ _____

Student Name: _____

Grade: _____ Homeroom Teacher: _____

People Authorized to pick up: _____

Contact phone number: _____

SACC: Yes _____ No _____

Email address: _____

Any additional information that is helpful for me to know about your child:
i.e. health issues, allergies, learning styles, etc....

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